



FRIDAY LUNCH

~ AT THE BETSY ~

LUNCH

HOMEMADE SOUP OF THE DAY €7

Served with brown wheaten bread (1a,16,4)

CLASSIC CHICKEN CAESAR SALAD €13

Chicken breast, romaine lettuce, crispy bacon, grated parmesan, herb croutons & Caesar dressing (1a, b, 4, 7, 8, 12)

THE BETSY FRITTATA €14

Roasted butternut squash, baby spinach, applewood cheese and spring onion served with brown wheaten bread (add Bacon €3) (1a, 4, 1, 7)

CHICKEN FAJITA WRAP €15

Chicken breast slices, mixed peppers, red onion in a light fajita sauce in a toasted tortilla wrap served with skinny fries or side salad (1, 1a)

BBQ PULLED BEEF BRISKET WRAP €16.50

Beef brisket with BBQ sauce, spring onion, grated smoked applewood cheese in a toasted wrap served with skinny fries or side salad (1, 4, 10, 12, 13)

TOASTED HAM & CHEESE CIABATTA €12.50

Crumbed sliced ham and smoked applewood cheese on toasted ciabatta served with skinny fries or side salad (1,4)

BETSY CLUB CIABATTA €15.50

Succulent chicken breast, maple cured bacon, smoked applewood cheese, romaine lettuce, beef tomato and Caesar dressing served with skinny fries or side salad (4, 7, 8, 13)

PANKO BREADED PLAICE FILLET €17

Served with skinny fries, lemon aioli and fresh lemon wedges (1, 1a)

BETSY BEEF & GUINNESS PIE €18.50

Slow braised beef with carrots, celery, onion and mushroom in a rich guinness gravy served with creamy mash topped with puff pastry (1, 1a, 4, 9, 13, 7)

DESSERTS

CHOCOLATE BROWNIE €8.50

Our signature dessert served with bourbon vanilla ice-cream (1a, 3, 4, 7, 10, 16)

CHEESECAKE OF THE DAY €8.50

Served with ice-cream and fresh fruit. Check allergens with server (4, 1a)

AVAILABLE 12 NOON UNTIL 4PM